



## Enforex – Trinidad (Cuba) 2007

Not only is Cuba a beautiful country, it also has a population that is very friendly and hospitable in spite of the economic difficulties in the last few years. It's a country of music, of poetry, of dancing, singing and chatting. People still have time for each other and for their guests. Cuba is like going back in time to the 50's: old cars, a relaxed atmosphere, no hurry. Apart from that Cuba has a nice climate, all year round students can enjoy the beaches, water sports etc.

### TRINIDAD

Colonial powerhouse, UNESCO World Heritage Site, vital port, small, friendly city: Trinidad is all this and more. Located in central Cuba between the Caribbean Sea and "Sierra del Escambray", this historic area holds the most finely preserved colonial architecture on the island. When you study Spanish in Trinidad, you'll find yourself transported to another era where horse-drawn carriages clack along the Playa Mayor and charming street scenes and warm faces abound. Formerly the center of the sugarcane industry, the city's activity now hinges on tobacco processing. With a population of fewer than 75,000, Trinidad is an intimate, isolated destination perfect for fully immersing yourself in the Spanish language and Cuban culture.

### **ENFOREX – TRINIDAD**

ENFOREX Havana, Santiago de Cuba and Trinidad are unique in that we do not have a central school. Instead, we provide an intimate, personalized learning environment organized by well trained, highly educated teachers of Spanish as a foreign language. Classes are held either in the teacher's home, in the house of the host family or, for certain mini group courses, in a cultural center. ENFOREX Cuba is affiliated with UNEAC (*Unión de Escritores y Artistas de Cuba*), one of the country's most respected cultural organizations.

### TRINIDAD PROGRAM ATMOSPHERE

1. **Students' nationality** - mainly from the Netherlands, Germany, Switzerland, Denmark, Sweden, Austria and Great Britain. Occasionally also students from France, Italy, Japan, Canada and other countries come to study here.
2. **Age group** - The average age of our students is 30 years.
3. **Minimum age accepted into regular group program** – no minimum age
4. **Internet:** There is an internet-café in the old part of Trinidad.



## PROGRAMS OFFERED IN ENFOREX TRINIDAD

Intensive Group course	
<b>Duration:</b>	Minimum 2 weeks
<b>Hours:</b>	20 lessons per week
<b>Group size:</b>	Maximum of 3 and average of 2 students per class. Minimum of 2 participants requested for the course to take place.
<b>Level:</b>	From beginner to superior
<b>Age:</b>	No minimum age
<b>Starting dates:</b>	Every Monday

  

Super Intensive Course	
<b>Duration:</b>	Minimum 2 weeks
<b>Hours:</b>	20 group lessons + 10 private lessons per week
<b>Group size:</b>	Maximum of 3 and average of 2 students per class. Minimum of 2 participants on the group lessons required for the course to take place.
<b>Level:</b>	From beginner to Superior
<b>Age:</b>	No minimum age
<b>Starting dates:</b>	Every Monday

  

One to one course	
<b>Duration:</b>	Minimum 1 week
<b>Hours:</b>	20 lessons per week
<b>Group size:</b>	1 student per class
<b>Level:</b>	From beginner to superior
<b>Age:</b>	No minimum age
<b>Starting dates:</b>	Every Monday



## ACTIVITIES & EXCURSIONS

To get the student to feel at home in Trinidad, we organize several meetings to inform the students adequately.

### Day of arrival

All students go to the house of Carlos and Rosy. Here they will be welcomed and Carlos will call the family where the student will be staying. The host family will come to Carlos' house to meet the student. All families live in the same part of town and are at walking distance from Carlos and Rosy's house.

***The house of Carlos and Rosy is the meeting point for all students during their stay.***

### Monday

On the first Monday all students are expected at 08.30 hours at Carlos' (the same address where they arrived the first day) to meet their teacher. Here they are given a written and oral placement test in order to determine their knowledge of the Spanish language, and for the mini group students to place them in the appropriate class for their level. Classes start immediately after this placement test. Students that booked dance or music lessons will then be informed at what time in the afternoon they will have their first dance/music lesson.

At 20.30 hours all (new) students gather in the house of Carlos where they will get general but important information about practical things.

Practical things like:

- What & where in Trinidad
- Where can you change money into pesos convertible (=moneda nacional) and where you can spend moneda nacional
- Information about taxis, buses, trains
- Where can you make international phonecalls
- Where do you go to go on the internet
- Nightlife
- Excursions

It is advisable that students bring pen, paper and a street map to make notes.

### Every Thursday

Again at 20.30 hours all students gather in the house of Carlos to make plans for the weekend. Students that want to make the same excursion can go together so it will be cheaper to rent a taxi. Taxis are usually the best way to make an excursion.

### Every night at 20.30 hours

Students usually come together in (again) the house of Carlos. Here they decide if they want to go out, where they are going etc. Or they stay here and chat.

### Activities

Students can ask our contact person Carlos to help them organise one of the following activities/excursions:

\* Activities: There are different sport possibilities at the beach, such as football, tennis, a beautiful walk in the Cayo Blanco (including with a lunch), scuba diving, snorkelling and fishing.

There is also a possibility to go horse riding close to the waterfalls.

\* Dance: Dance classes (individual and in groups) e.g. salsa, mambo, rumba, cha-cha-chá, son.



Excursion	Description	Price in Euro
Valle de los Ingenios	Horseback riding with a guide, to the mountains. In the mountains there is a possibility to swim. minimum: 1 person departure: every day duration of the excursion: aprox. 4 – 5 hours	23
Valle de los Ingenios	Ride by touristic train in the environment of the Valle de los Ingenios. (sugarcane plantations, sugar fabrics etc.) The ride is with a train in the style of the 19 <sup>th</sup> century minimum: 1 person departure: 3 times a week duration of the excursion: aprox. 5 hours	18
Cayo Blanco	Excursion by boat to Cayo Blanco, lunch (mostly mussels or lobster) and one drink are included in the price. minimum: 1 person departure: the boat leaves every day at 09:00 hours arrival back in Trinidad: aprox. 17:00 hours	35
visit to cities close to Trinidad	a visit to a city close to Trinidad, such as Cienfuegos, Santa Clara etc. The transport is by bus with air-conditioning, to arrive in the city aprox. 1,5 hours, to come back to Trinidad also 1,5 hours. minimum: 1 person duration of the excursion: depends on the student, 2 – 6 hours	70

\* Guided tour of Trinidad

\* Music: Music classes (only individual) e.g. percussion, guitar, trumpet.

## ACCOMMODATION AVAILABLE

ENFOREX Trinidad offers lodging in host families.

### Homestay

**Bedroom:** single or double (double rooms are only available for two students travelling together).

**Meals:** half board

**Location:** The selected host families live in spacious homes in the centre of the town. There are several nice bars in the neighbourhood.

**Laundry service:** not included. The host family can take care of the laundry for a small charge

**Basic furniture in a room:** Bed, closet, desk, chair, a fan or air-conditioner

**Private bathroom:** Available in some home stays, but VERY few

## LANGUAGE PROGRAM

- **Spanish levels:** Beginner to superior
- **Duration of each lesson:** 50 minutes
- **Text and materials:** Please note that grammar books are only available during class hours. We advise students to bring a grammar book themselves as well. We usually have some grammar books in stock to sell. We also advise our students to bring their own pen & papers.

## **ARRIVAL AND TRANSPORT**

### **Arrival/departure**

#### *(Airport) Transfer*

Please note that it is not possible to book an (airport) transfer.

#### Arriving in Havana

There are two airports in Havana. Please contact the information desk to ask from which airport your flight to Trinidad will be leaving. The airports are about 20 km from the city centre.

It is possible to travel from Havana to Trinidad by bus. The journey will cost aprox.

29 Euro but please look at [www.viazul.cu](http://www.viazul.cu) Here you find detailed information about bus-schedules but please note that they change a lot!

In case you have to stay one night in Havana, we give you the addresses of two host families. One lives very near the airport, the other lives in Vedado, a very nice area in Havana. Please note that we do not make reservations.

We recommend to take a taxi to go to the family.

#### *Near the airports:*

Sra. Felina Gonzáles  
Calle 200 No. 29314, entre 293 y 295  
Reperto Callxto Sánchez  
Boyeros, Havana  
Tel: (00 53) 7 451041  
Price per night: aprox. 34.50 Euro (bed only)

#### *In Vedado:*

Sr. Onelio Rodriguez Gongalez  
Avenida Universidad 456 1º piso (entre J y K)  
Vedado, Ciudad Havana  
Tel: (00 53) 7 36850  
Price per night: 34.50 Euro (bed only)

#### Arriving in Trinidad

The airport Alberto Delgado is a kilometres south of Trinidad. We advise you to take a taxi to our address in Trinidad as mentioned on page 2 of this manual. The price will be around 8 Euro.

#### **Airport tax**

Please note that on departure aprox. 29 Euro has to be paid at a special counter at the airport in Havana. You have to pay this in cash.



## PRACTICAL INFORMATION ABOUT CUBA

### Money matters

Currency – Peso Convertible (PC). 1 PC = 1 US Dollar. There is a commission of 10% if buying Pesos Convertibles with American Dollars. No commissions are charged if buying them with any other currencies.

Banks - Opening times: 09.00 - 15.00 h., Monday to Friday.

Traveller cheques: accepted unless issued by US-banks e.g. American Express is not accepted. - Credit cards: accepted unless issued by US-banks e.g. American Express is not accepted

### Electricity

110 volt

### National Holidays

1 January	Liberation Day
8 March	International Women's Day
1 May	Labour day
26 July	National Revolution Day
25 December	Christmas

### Visa requirements

To enter Cuba every tourist needs a passport (that's still valid for 6 months after arrival) and a tourist visa that normally can be purchased together with the flight. This visa is usually valid for 30 days.

At the immigration office one extension of 30 days can be made (approx. USD 25). After a total of 60 days the student will have to leave Cuba for at least one day to enter again on a tourist visa.

### Health

Tourists have their own medical facilities, provided by the Clínica Internacional. A doctor and a nurse are on permanent duty (USD 30 per consultation). The clinic has a modestly stocked pharmacy, an ambulance, and beds in the event that one needs an overnight stay. Emergencies – Ambulance, Tel: 40 5093 / Fire, Tel: 81 1115

### Climate

From November to April (wintertime, the dry season) temperature is around 25°C. In summertime (May to October) the air is very moist (80%) and you should count on some rainfall, mainly in the afternoon. Temperatures rise to 32-35°C



## PRICES 2007

Application fee 100 Euros

<b>Santiago (Cuba)</b>	<b>1 week</b>	<b>2 weeks</b>	<b>3 weeks</b>	<b>4 weeks</b>	<b>Extra week</b>
Intensive Group Course 20 lessons/ week	-	360 €	460 €	560 €	100 €
Super Intensive course 30 lessons/ week*	-	480 €	640 €	800 €	160 €
One to One Course 20 lessons/ week	275 €	400 €	525 €	650 €	125 €
Dance Course 5 lessons/ week	55 €	110 €	165 €	220 €	55 €
Music Course 5 lessons/ week	75 €	150 €	225 €	300 €	75 €
<b>Accommodation</b>					
Home stay, Single room, half board	260 €	560 €	860 €	1160 €	300 €
Home stay, Double room**, half board	195 €	420 €	645 €	870 €	225 €

The Dance and Music courses can only be booked in addition to a language course.

\* 20 group lessons + 10 one to one lessons

\*\*Double rooms are only possible for two people traveling together

Extra day: 35 €/day (double room) and 45 €/day (individual room)

Note: Intensive Group Course and Super Intensive Course are only possible with a minimum of 2 participants. We reserve the right to change a group course into a one to one tuition in case there is no other student at the same level. If this happens, there will be a reduction of class hours of 25%.



## NEW BOOKING

e-mail: birger.larsen@sioc.no

## ENFOREX

Fax. +47 53 41 78 66

(I understand that by sending this form I accept all Enforex conditions)

Student's Name: \_\_\_\_\_ ? Male? Female  
 Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Passport Number: \_\_\_\_\_  
 Nationality: \_\_\_\_\_ Native Language: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City : \_\_\_\_\_ Zip code : \_\_\_\_\_ Country : \_\_\_\_\_  
 Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ E-mail: \_\_\_\_\_  
 How did you hear from ENFOREX ? : \_\_\_\_\_

**COURSE** Course starts: \_\_\_\_/\_\_\_\_/\_\_\_\_ Course ends: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 City / Center: ? Trinidad  
 Course Name: ? Spanish course (20 lessons per week)  
                   ? One-to-one (20 lessons/week)  
 ? ? Spanish course (25 lessons per week)? ? One-to-one (25 lessons/week)  
 ? ? Spanish course (30 lessons per week) ? One-to-one (20 lessons/week)  
 Approximate level: Lowest? ? 0 ? 1 ? 2 ? 3 ? 4 ? 5 ? 6 ? 7 ? 8 ? 9 ? Highest (Please tick one)

**HOUSING** Arrival date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Departure date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 (accommodation are available from Sunday before the first day of the school until Saturday after the last day of the school)  
 Type of accommodation: ? Host Family  
 Smoker: ? Yes ? No Minds smoking: ? Yes ? No Minds animals: ? Yes ? No  
 Special Requests: \_\_\_\_\_

**AIRPORT TRANSFER** *Even if you do not request airport transfer, please inform us your flight details.*

Upon ARRIVAL: ? Yes ? No (Please tick one)  
 City of Arrival : \_\_\_\_\_ Arrival Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Airline: \_\_\_\_\_  
 Flight Number: \_\_\_\_\_ Time: \_\_\_\_:\_\_\_\_ am/pm

**AUTHORIZATION FOR CHARGES** Amount authorized: \_\_\_\_\_ Us \$

Visa/MasterCard number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
 Expire date: \_\_\_\_/\_\_\_\_ Cardholder Name: \_\_\_\_\_

I understand that the amount authorized to charge in US dollars will be converted into the euros exchange rate of the day of the charge. To certify that the information given above is true, I hereby sign this document:

Card holder passport number: \_\_\_\_\_ Signature: \_\_\_\_\_